



<b>Course Syllabus for Lisa Feuz</b>	
<b>Franklin High School</b>	<b>2019-2020</b>
Course Title: Health 1	Grade Level(s):9
Prerequisites: none , freshmen requirement to take class	
<p>Course description: Health education prepares students to shape their behavior in health enhancing ways. The goal of this course is for students to become health literate (able to obtain, interpret and evaluate basic health information and services) and develop the skills necessary to deal with life stresses and enhance the quality of their personal, family and community life. Topics covered will involve mental health, stress reduction, suicide prevention, responsible decision making, prevention of tobacco/vaping and alcohol use, Positive Prevention Plus (sexuality education ), and nutrition.</p>	
<p>Standards:</p> <ul style="list-style-type: none"><li>● Concepts:Students will comprehend concepts related to health promotion and disease prevention.</li><li>● Accessing Information:Students will demonstrate the ability to access valid health information and health promoting products and services.</li><li>● Self Management:Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</li><li>● Analyzing Influences:Students will analyze the influences of culture, media, technology and other factors on health.</li><li>● Interpersonal Communication:Students will demonstrate the ability to use interpersonal communication to enhance health.</li><li>● Goal Setting:Students will demonstrate the ability to use goal setting to enhance health.</li><li>● Decision Making:Students will demonstrate the ability to advocate for personal, family and community health.</li><li>● Advocacy:Students will demonstrate the ability to advocate for personal, family and community health.</li></ul>	

Schedule of topics/units covered:

- Mental/emotional health, decision making, suicide prevention, stress reduction
- Nutrition - nutrients, diseases caused by poor nutrition, reading food labels.
- Prevention and health risks associated with tobacco/vaping and alcohol
- Responsible Decision making and refusal skills
- Sexuality Education - Anatomy of assigned female and male, consent, birth control, sti's and transmission

Differentiation/accessibility strategies and supports (TAG, ELL, SpEd, other):

IEP support  
ELL support  
SPED support  
504 Support

Final proficiencies:

See standards

Assessment (pre/post)/evaluation/grading policy:

*Grades should be based on the student's demonstration of understanding of the standards.*

90%-100% A

80%-89% B

70%-79% C

60%-69% D

59% below-F

**Behavioral expectations:**

Students may engage in behavior that does not create a problem for them or anyone else.

Students may engage in behavior that doesn't jeopardize the safety or learning of others.

Disruptive behavior-phone call or email to parents and/or VP

**Safety issues and requirements:**

Students may engage in behavior that doesn't jeopardize the safety or learning to self or others.